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# The Cuban Kitchen: 500 Simple, Stylish, And Flavorful Recipes Celebrating The Caribbean's Best Cuisine



## Synopsis

What is Cuban cuisine? A delectable intermingling of Spanish, Portuguese, Arabian, Chinese, and African culinary traditionsâ”a true melting pot of all the influences that combine in Cuban culture. Now, Raquel Rabade Roque gives us the definitive book of Cuban cuisine: encyclopedic in its range, but intimate and accessible in tone with more than five hundred recipes for classic, home-style dishesâ”from black bean soup to pork empanadas, from ropa vieja to black beans and croquetas, from tostones to arroz con pollo, from churros to cafÃ© con lecheâ”as well as the vividly told stories behind the recipes. Based on the authorâ”s family recipes, this is real Cuban cooking presented with todayâ”s busy cooks in mind. Whether you are an experienced cook or a novice, a lover of Cuban cuisine or just discovering it, *The Cuban Kitchen* will become an essential part of your kitchen library.

## Book Information

Paperback: 448 pages

Publisher: Knopf (August 16, 2011)

Language: English

ISBN-10: 0375711961

ISBN-13: 978-0375711961

Product Dimensions: 6.2 x 0.9 x 9.3 inches

Shipping Weight: 1.6 pounds (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 17 customer reviews

Best Sellers Rank: #858,917 in Books (See Top 100 in Books) #127 in [Books > Cookbooks, Food & Wine > Regional & International > Caribbean & West Indian](#) #168 in [Books > Cookbooks, Food & Wine > Regional & International > Latin American](#) #320 in [Books > Cookbooks, Food & Wine > Regional & International > International](#)

## Customer Reviews

Raquel Rabade Roque is the owner of the Downtown Book Center in Miami. She lives in Miami, Florida.

I can usually find at least a few recipes I love when I buy a new cookbook, but *The Cuban Kitchen* is riddled with them. Every recipe that I've tried has turned out delicious, and my Cuban husband even says it reminds him of his family's home cooking.



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